

THE ROOTED LIFE

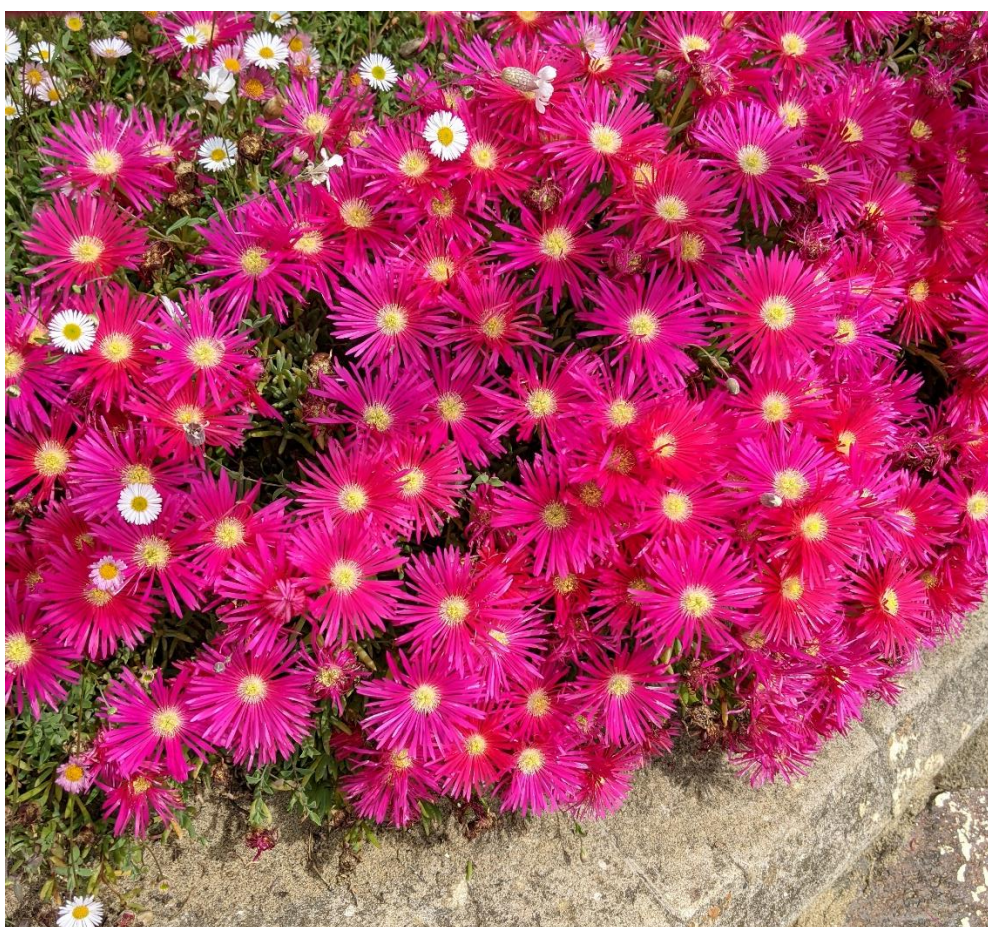
Colossians 2:7

‘.....continue to live your lives in him, rooted and built up in him.....’ from the Bible

Date - August/September 2025

A WBC MAGAZINE

Welcome to news from the Baptist family of Wymondham, Roots Community Café and the local community.



IN THIS EDITION... IS SUMMER HERE OR HAS IT GONE?

This magazine is brought to you by Wymondham Baptist Church. If you would like to know more about us, please call, e-mail us or visit our website.

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Welcome to this edition of our bi-monthly magazine.

We hope that you found the earlier editions interesting, this issue has more items of interest contributed by a variety of different people - we hope there will be something of interest to everyone. If you would like to write something for our next magazine, please drop it in to Wymondham Baptist Church Office by Sunday, 28th September 2025.

In this edition we hope you enjoy the following...

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A message from Paul Smith, our Pastor at WBC.....



So here are the summer holidays!! Hooray 6 whole weeks of no school for the youngsters. Time for adventure and enjoying the great outdoors on long summer days of endless sunshine except that no sooner than the children have broken up and the sun has disappeared.

This leaves parents in the difficult position of finding something to do to entertain and not just something mindless like surfing the net all day with its seemingly pointless scrolling.

Sadly, as a church we would normally be there offering various different ministries including our popular Roots Cafe. However, we are now about to embark on a new adventure as we start building works. Something those of you who read this magazine will probably be familiar with. We have spent a long while fundraising and preparing for this moment. So we must be really excited right? Well yes and no....

We are so happy to be in this position, it is amazing the way God has bought everything together. But, it is sad to not be here for our community and do the things we would usually do and we know this is going to be the case for some time we are expecting to be back towards the end of next Spring. We will of course still be here for our worship services every Sunday at 10:30 a.m. and you are more than welcome to join us.

But in the meantime what can you do to entertain the children? There are lots of things you can do but many of them can be very expensive for families. One thing I love doing is watching films and I really enjoy many of the Disney/Pixar films. They all have great underlying messages as part of the storylines. From Cars to Monsters Inc. to Ratatouille. I enjoy lots of them. My favourite is probably Inside Out but I also like Moana.

In Moana the underlying message is about a girl who is searching for more and seeking new horizons and her family who is resistant to anything that is challenging or seeks to break the norm! Fear of the unknown has paralyzed them, and they remain

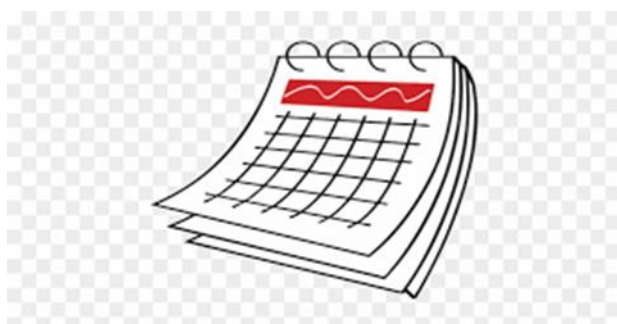
isolated and closed off on their island. Many people desire new things but are too scared to strike out. To go on a new adventure.

As a church we are on the move ... seeking new adventures excited to see what God is going to do in our midst. Of course, we are nervous, but we feel there is sooo much more instore for us. There is a saying that you cannot cross the horizon whilst you keep looking at the shore. This is the issue in Moana. The people refuse to lose sight of the shore and so stay where they are.

Jesus said something similar in the Bible. He said you cannot put new wine into old wineskins!!! We cannot step into a glorious future when all we are focused on is the old....

So we pray you do find new adventures over the summer and are blessed with a great summer ... and we look forward to seeing you in the future as we will welcome you with open arms into our new buildings. But if you are truly looking for adventure then why not join us as a church and find out about the most amazing adventure ever

Paul Smith



WBC Eco calendar 2026

We are planning an Eco calendar for 2026 and we would love your help!

Each month will feature either a beautiful photo, taken locally, or a

simple vegetarian recipe, together with a short ECO tip. If you could help by contributing any of these 3 items, please email your photos, recipes or ECO ideas to Nicki by the 1st September.

Thank you!

DON'T RUSH OFF AFTER OUR MORNING SERVICE -

Even though there won't be any refreshments, please stay after the service and share in fellowship together.

A Question for you?

To what door did Jesus give Peter the keys?

According to Hebrews, what is hidden from God's sight?

A Word from Rosedales

As we start the month of August, the schools have now broken up for the summer holidays and the 'great getaway' has begun. Lots of families will be heading off to the airport to begin a long-anticipated fortnight in the sun. Others might be looking forward to a staycation at one of the UK's lovely coastal resorts. We are so blessed here in East Anglia with many beautiful places to explore on our doorstep; Southwold and Aldborough on the Suffolk Coast and Sheringham, Cromer and Wells on the North Norfolk Coast. Despite having lived here for over twenty years and visited the coast many times, I am still discovering hidden gems slightly off the beaten track for amazing walks and views, quaint pubs and deserted beaches. Those living in this region don't have to travel far or spend a lot of money to enjoy a good day out.



However, the month of August can be difficult for those who are bereaved, especially of a partner. It can feel very lonely and isolating when others are away enjoying a time of fun and togetherness. I have heard it compared to what it can feel like at Christmas - everyone else seems to be enjoying themselves whilst the bereaved person can feel the absence of their loved one even more intensely than usual. Happy memories of past

holidays may be painful to remember and there can be feelings of sadness and regret that there will no longer be opportunities to make new memories together.

Many of those bereaved of a partner feel they don't have anyone to go on holiday with anymore. Visiting friends or family for a few days, who live in different areas can be a good alternative, or Joining-up with others who are single or also bereaved can provide good holiday companions. Many local coach companies offer organised holidays (long or short) and there are usually other solo travellers who are happy to offer friendly companionship.

This holiday season, spare a thought for someone you know who is bereaved or lives alone. If you are planning a day trip and have a spare seat in your car, perhaps invite them along. For the good of our mental health, we all need a break from the everyday routines of life and as the saying goes: 'A change is as good as a rest'.

If you are interested in joining one of our bereavement groups, visit our website rosedalefuneralhome.co.uk or call 01379 640 810 for more information.



Dates for your Diary:-

Aug. 3 rd	Worship at 10.30a.m. - Vic and Mary's Home Group
Aug. 5 th	POWER HOUR at 10.00a.m. by zoom ID 81703550775, Password - Prayer
Aug. 10 th	Worship at 10.30a.m. - David and Christine Home Group
Aug. 12 th	POWER HOUR at 10.00a.m. by zoom ID 81703550775, Password - Prayer
Aug. 17 th	Worship at 10.30a.m. - Steve and Kate Home Group
Aug. 24 th	Worship at 10.30a.m. - Jan's Home Group
Aug. 31 st	Worship at 10.30a.m. - Neil's Home Group
Sept. 7 th	Worship at 10.30a.m.
Sept. 9 th	Leadership Team meeting - 7.00p.m.
Sept. 14 th	Worship at 10.30a.m.
Sept. 14 th	200 th Anniversary Celebration at Attleborough Baptist Church - 10.30a.m.
Sept. 20 th	200 th Anniversary Hog Roast at Attleborough Baptist Church - 12.30p.m.
Sept. 21 st	Worship at 10.30a.m.
Sept. 28 th	Worship at 10.30a.m.
Sept. 28 th	Church Meeting at 12.30p.m. after Morning worship.

ARE YOU ABLE TO SUPPORT US FINANCIALLY?

If you would like to make a gift to the church, or regularly support the work at WBC you can do this in several different ways:-

- There is an offering box on the right hand side at the front of the church
- There are offering envelopes
- There is a card reader available to you, by the offering box
- You can also ask at the Church Office for giving information through your bank.
- Check out the 'Giving' tab on the website

HAVE YOU SEEN OUR BIRD BATH?



This is the new addition to our church garden. When Claire Drake moved out of her house in Wymondham she gave all her garden plants and pots to the church. Many of these were sold at the Plant Sale organised by the ECO group, some others were sold and the monies given to the Building Fund. The new bench and little table in the church garden were from Claire's garden and the ECO

Group have now purchased a bird bath which we have placed in the 'wild area' of the garden in memory of Claire. Come and have a look.



Recycling news



Recycling of stationery

Unfortunately, we will not be able to collect used stationery for the time being. Ruth has been taking our old pens etc to Ryman's in Norwich but on her last visit, was told that the company are no longer accepting used stationery.

Thank you to Ruth for recycling these items for us over the last few years. We will be on the lookout (and would love to hear from anyone else!) for similar schemes.

Supermarket recycling

During the building work, we will obviously not have a dedicated recycling area. All of the town's main supermarkets have some sort of recycling point for packaging that can't be placed in our green bins, Morrisons being the largest.

However, if you are unable to get to a supermarket and would like to recycle more of your waste, please hand any of the following items to Rose or Nicki on a Sunday. Please ensure packaging is empty, clean and dry. We can take:

Crisp and biscuit packets, bread bags and any other packaging with the label **'Recycle with bags at large supermarkets'**

Thank you!

NEW!! Coffee pods

Do you have a coffee machine which uses pods? Morrison's now have a dedicated coffee pod recycling bin for both plastic and aluminium pods, using a scheme called Podback. Follow these easy steps:

- 1 Drain the pods of liquid
- 2 Place pods in the special bag which you can collect free from the customer service desk (either for plastic or aluminium)
- 3 Once the bag is full, remove any further liquid before sealing and placing in the container at Morrisons

Again, if anyone uses coffee pods but is unable to get to Morrisons, please give your drained pods to Nicki and I will recycle them on your behalf.

Thank you!

The ECO Team



Proposed Extension - Phase 3 - Construction is starting!



Summary

Phase 1 - Planning Permission

Received December 2022

Phase 2 - Detail Design Development

Finished January 2025, with costs coming in under budget.

Phase 3 - Construction

The Church agreed, at a special meeting in May 2025, to appoint a contractor to start the construction work in the summer of 2025, with a planned finish in the early months of 2026. The church was able to do this thanks to the generous donations of many individual givers, to sponsored activities such as runs and swims, to fundraising events such as concerts, and not least to the grants that the church has been awarded. We give thanks to God for

his provision and the prayers of his people for the project.

During the construction work midweek events, such as Roots Café, will regrettably not be running, but we expect to be able to hold Sunday services much as usual, but using the doors of the original building that face directly on to Queen Street. The church car park will not be available at all during construction work. We would ask all to consider using the town car parks or walking and leave the parking along Queen Street for those who cannot walk far. Please be considerate of our neighbours and do not park in front of residents' houses.

Please pray for safety for all working on the buildings and that the work will be completed on time and under budget. Pray too for the Church as it considers its priorities for what it should do with the expanded premises to better serve the community.

Longer Term

Consideration is being given to the remainder of the church buildings, to what else we need to do to bring the building up to standard, subject to having funds available. This includes repairs to church windows, consideration of solar panels and improved heating to help reduce ongoing electricity costs and the feasibility of improving the road surface in front of the church car park. Some of these areas of work may require planning permission.

While we're naturally delighted that funding is in place to complete the extension, the Church recognises that funds will still be needed to complete the works to bring the remainder of the building up to standard. For ways to give please contact the office at office@wymondhambaptist.org or see the Church website at <https://www.wymondhambaptist.org/Groups/331659/Giving.aspx> or speak to Cathy in the Church Office.

David Frith

What happens if you're in real trouble!

In the 1990's, I was a Detective Inspector, in the Metropolitan Police, London. An Inspection Team had selected various police stations to look at the quality of evidence. Harrow Road police station was chosen which is situated near Paddington

Sergeant Kate Jenkins, (as she was known then), walked into my department and called for various files to examine. I am sure that if this had been an official inspection I would have failed! Still, it was obvious there was an attraction between us. That culminated in us having a date at a Thames riverside hotel. It started off well as the cricketer Ian Botham was drinking in the hotel.

What followed was a huge life transformation for me. We were married and had three beautiful daughters. From the outset, Kate was a lovely wife, an outstanding Mother and an excellent police leader. The main difference between Kate and I was Faith. She was a Christian and I wasn't. This didn't cause any huge problems particularly.

At the end of our road in Staines, Middlesex, stood a high Church of England called St Peters. Kate suggested that I may like to come along one Sunday. Eventually, I went along only to find the Parish were away and it was a service led by the Salvation Army-not what I was expecting! To cut a long story short, I became a member of this church and a follower of Jesus. Following my retirement from the Met, I felt called to full time ministry. I was recommended for training. The Bishop's representative asked to see Kate and ask her views about being a vicar's wife. She said "I swear too much and cannot make jam" The Bishop's representative retorted "You sound like the perfect vicar's wife"

Kate has been my foil, counsellor and advisor for all I have done over our 32 years of marriage. That includes giving time, love and support over and beyond for our children, grandchildren and community. We spend a huge amount of time together as we have been in business together since 2008.

On 13th January 2025, Kate had a cardiac arrest. I hope the following words will be a comfort to you, knowing that some of us have lost partners. Prayer was the biggest support. Firstly, after a few days I knew thousands of people were praying for Kate. My prayers were answered immediately. I asked to be the best support to my family

with the help of the Lord. The sense of comfort I felt was overwhelming. The Chaplaincy at the Norfolk and Norwich Hospital were incredible, visiting Kate everyday, during her induced coma and other time in hospital.

The question I heard being asked regularly at the Intensive Care Unit was why me? That is only natural. The difference is who we have in our camp and who we can lean on. That well known passage Matthew 11 28:30 lifted me beyond comprehension until Kate was discharged and after.

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” There are countless times I have not done this!

I finish on the subject of miracles. Over the years, I have been presented with miracles, which are easy to miss! Kate’s recovery (and she has been discharged from the Hospital) is a miracle. My faith tells me without the Lord’s intercession; outcomes could have been very different.



Of course, some people will argue it was the skill of the surgeons, nurses, healthcare assistants who restored Kate’s health. We will always be grateful for the worldclass care. Where does that care, love and skill come from and what will you do if you are in real trouble?

Finally, where is my faith now; better worse or the same? Ask me and I will tell you!

Steve Gaskin

Unexpected sightings

When we moved to Wymondham in October 2024, we found a house (off Rightup Lane) from which we can walk into the town centre, the church, the Leisure Centre and bus stops.

Our route up Station Road brings us over a bridge over the river Tiffey which provides an edge to the small industrial area and runs close to The Big C premises, and we regularly look to see if there is any wildlife either side of the bridge.

We have been entertained by mallard ducks; an egret and many of the birds regularly seen in our countryside. From Spring 2025 we have been watching a pair of yellow wagtails and were delighted to see that they were rearing a chick.

Even more unexpected one morning was to see a muntjac deer walking along the riverbed. It was not scared by us (we made no noise) and eventually made its way off to the west. How generous is our God to provide wildlife in unexpected places.

Graham Warner

Windmill House Service

- Our little team from WBC continues to visit Windmill House every 2 months to lead a simple worship service lasting about half an hour and to spend time with the residents. In June our homegroup came to join us as an outreach



activity - some took part in the service, some sat with the residents and all added their voices to the singing. We looked at the story of the paralysed man whose friends brought him to Jesus and of course one of the hymns

we sang was
What a Friend
we have in
Jesus. It's
always a joy to

see a number of the residents enthusiastically singing old well-loved hymns and listening to familiar Bible passages.



- After the service most of us stayed to spend some time talking with the residents. As some of them now have quite advanced dementia just being there with them is more important than trying to hold a conversation.
- Our homegroup appreciated the opportunity to share this time together and one sent this message afterwards.
- 'I think it was a great time. Two ladies on my right sang wholeheartedly and everyone seemed happy or asleep. The ministry is obviously appreciated by the staff we saw.'
- 'There was plenty in the talk for folk to take on board if receptive. Being there will help me be more faithful in prayer.'
- So, a big thank you to our homegroup for supporting us and taking the opportunity to find out more about Windmill House and those who live and work there. Our next service will be on Wednesday 20th August so please pray for us as we continue this ministry.
- In addition to our visits to Windmill House, Eva who organises activities there has been regularly bringing some of the residents accompanied by family members, volunteers and staff into Roots where we have been pleased to welcome them and look after them. This has strengthened our relationship with our local care home and we look forward to seeing them back in Roots when we are able to open our doors again.

Jan Hodges

Romans 15 Verse 1-7

B	U	A	M	Q	Z	E	G	D	F	A	T	H	E	R	S	C	T
F	T	S	N	A	J	B	W	H	E	W	K	O	N	Q	E	J	W
M	R	A	C	T	T	P	V	E	F	P	Q	X	F	T	R	E	Q
A	O	X	A	S	H	U	G	O	D	Y	E	U	Q	K	V	L	A
S	U	G	L	T	M	E	R	H	Y	X	E	N	F	D	I	D	N
T	B	U	L	R	F	O	M	I	A	F	A	Q	D	E	C	B	Y
E	L	O	I	O	X	A	S	Z	T	R	J	L	P	A	E	S	W
R	E	O	N	N	H	H	I	T	M	Y	M	E	E	T	B	I	G
D	S	G	G	G	C	E	K	T	H	Q	W	O	S	R	S	L	B
J	T	I	Z	N	R	X	L	J	H	Z	B	T	N	U	T	F	E
M	H	P	E	O	P	L	E	P	P	L	O	P	P	Y	S	G	J
T	N	A	T	S	G	O	O	D	I	O	B	U	D	N	X	C	G

Find the following words in the puzzle.
Words are hidden → , ↓ , and ↘ .

ALERT
ANTHEM
CALLING
DEPENDABLE
FAITH
FATHER

GOD
GOOD
HARMONY
HELP
JESUS
MASTER

MATURITY
PEOPLE
SERVICE
STRONG
TROUBLES

What's the answer?

Who brought bread and meat to feed Elijah?

Where were James and John when Jesus called them to follow him?

What did Jesus use to feed 5,000 men?