

## COMING UP SOON

### Remember Sept 6<sup>th</sup>

Carleton Rode Baptist church will be joining us for our service and a picnic lunch afterwards.

If the weather is good, we will hold picnic in the reclaimed garden which has been cleared of masses of overgrown hedges, shrubs and a tree. Should it rain, then we will be in the church.

It would be really good to find out an approximate number of people who will be attending so that we can arrange for tea and coffee.

It's a bring your own picnic lunch, with a time of sharing and encouragement for each other. So do put it in your diaries.

### Remember Sept 27<sup>th</sup>

We will be celebrating Harvest Festival.

It will also be 'Back to Church' Sunday, an annual national initiative to encourage people to invite those who used to go to church but no longer do, or anyone they would like an opportunity to bring.

There are invitations available from Christine, please take one and pray about whom you should invite.

Youth activities will resume in September. Watch this space. Searchers will recommence on Monday 14<sup>th</sup> September.



Here is a list of people and contact details should you have the need to speak to someone outside of office and service times. Do please contact them if you need help.

### The Leadership Team

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### Contact us

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30<sup>th</sup> August 2009



We welcome you to our service at Wymondham Baptist Church today, whether a regular or a visitor.

Our service is informal and modern and starts at 10.30. Because of the summer activities and many families are away on holiday, the service will be shorter than usual.

We pray you will be blessed as you worship and praise our great and mighty God. If you need prayer, please do ask.

**Do stay for refreshments and chat after the service.**



Today's speaker is:

Paul Willings

### Activities

During the service



EXPLODE is our children's programme, but as it is the summer break, activities will be reduced.

### Little Acorns

#### Baby & toddler group

With only two weeks left till Little Acorns returns (on 14 September), we've now started pre-registering families to cut down on their paperwork, and to increase the time they have to play.

We've also got a plan on what we'll be doing all through the year, including cookery, parties, and linking our activities back to what we're doing in the church. To prepare for the Harvest Festival service on 27 September, we will be doing nature crafts for our first weeks, and including invitations for the families

to join us at the Harvest Festival service on 27 September. We're also using some of Jane's lovely lavender and Christine's sewing talents to make lavender bags for the children to give as gifts on Grandparent's Day, which we've discovered is on 4 October!

In our email correspondence with families over the summer we've had responses from the families thanking us for the good time they've had with us, and the care we put into the sessions. Please pray with us that the new season will bring joy, safety, peace, and also gives us opportunities to reach these families in a meaningful way.

## Chloe rises to the Challenge

On September 6<sup>th</sup> Chloe Chambers will be participating in London's Hyde Park Adidas Women's 5k Challenge.

This year she will be trying to raise as much money as possible for the MS Society Charity.



Fifty people are diagnosed with multiple sclerosis each week and the MS Society is the largest charity in the UK

dedicated to supporting families and sufferers of multiple sclerosis.

For some people MS is characterised by periods of relapse and remission, while for others it has a progressive pattern.

She would really appreciate any sponsors you can donate and would be truly grateful for the support.

The MS Society is a very worthwhile charity and any amount would make a huge difference. See Rob or Helen Chambers, or visit: [www.justgiving.com/chloe Chambers](http://www.justgiving.com/chloe Chambers).

Donating through Just Giving is simple, fast and totally secure. Your details are safe with Just Giving - they'll never sell them on or send unwanted emails.

Once you donate, they'll send your money directly to the charity and make sure Gift Aid is reclaimed on every eligible donation by a UK taxpayer.

So it's the most efficient way to donate - Chloe raises more money, whilst saving time and cutting costs for the charity. So please dig deep and donate now.

### ADVANCED NOTICE

Please make a note in your diary's to be at our buffet on Saturday October 10th. To give a warm welcome to Megan & Alan Barker.

This is an opportunity for us all to hear from them of their experiences out in Nepal.

The Buffett will start at 5pm ending at 7pm.



Stacey Price on her 'A' level results and her place at Lincoln University.

## Choose life today

***"...I have set before you life and death, the blessings and the curses; therefore choose life..." (Deut. 30:19)***

Every day we have the opportunity to choose thoughts of life and victory, or defeat and despair. God promises that when we choose His ways, we are choosing life and victory.

Imagine that you're holding a glass of dirty water. It's full of all kinds of nasty stuff. If you were to start pouring good, clean water into that glass and let it overflow, eventually, all the dirty water would be gone and you would have a glass of perfectly clear water. Your life works the same way.

You are renewed by the washing of the water of the Word of God. You

may be carrying dirt from the past. You may have old destructive habits or mindsets that you are trying to get rid of. But the more you pour God's Word into yourself, the more clean and alive everything becomes.

Don't choose to sit around with that mucky, dirty water on the inside of you. Allow His Word to cleanse you by reading and declaring it over yourself every day. As you choose His Word, you choose His life, and you'll experience His hand of blessing

*Father in heaven, thank You for Your promise of life and blessing. I choose life in You today and invite You to wash me with Your Word. Help me to stay close to You always. In Jesus' Name. Amen.*

### Wymondham Pabulum Café

**Pabulum is an Age Concern Norfolk project working to improve the lives and well-being of people with dementia and their carers.**

The word Pabulum comes from the Latin word for "nourishment" and the project aims to "nourish" the minds of its service users through the use of reminiscence-based, person-centred support in group work and home visits.

WBC unanimously agreed to help support this group with a financial gift that will enable them to continue their great work.

The Cafe is a two hour session, held during a morning, and is less constrained by a timetabled plan of activities. Carers and cared-for are welcomed with refreshments by volunteers, the room being set out in

traditional cafe style. Carers may remain with those they care for throughout the session, or may break away into another room. The same reminiscence theme is followed throughout each month.

There is a drop-in Café in Wymondham which is held twice a month and is open to anyone and is not dependent on referrals. The Wymondham Café takes place in the Fairland United Reformed Church, 10am-2pm on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month (exc. Good Friday).

For more information on the work of Pabulum Cafés, please either go online to: [www.acnorfolk.org.uk/list/age\\_concern\\_services/83/](http://www.acnorfolk.org.uk/list/age_concern_services/83/) Or ring: Mrs Jennifer Shakesby, Tel:01953 788983 [secretary@fairlandurc.org.uk](mailto:secretary@fairlandurc.org.uk)