

PRAYER NEWS

Prayer Diary

- Mon:** Sue and Paul Spurgeon and family
Tue: The deacons meeting today
Wed: Frances and Barrie Sullivan
Thu: Al and Vera Teixeira-Martins
Fri: Rita Wing
Sat: Megan and Alan Barker, our link missionaries
Sun: Our worship to be acceptable to God

Information for notices to email:
trisha.harvey2@mypostoffice.co.uk
By 16.30 Wednesday evening latest.

PA Support needed

For nearly two years Matt and Nigel have been running the PA during Sunday Services, and while it is great to be able to serve the church in this way, it does mean missing opportunities to talk and pray with people before, and especially, after the service.

From the New Year Nigel wants to take a break for a few months from doing the PA every other week, and has only committed to once a month. This will leave us with a gap that we need to fill.

If you feel you could support the church once per month in helping with the PA please speak to Matt or Nigel and training can be organised. Many thanks!



Contact details should you have the need to speak to someone outside of office and service times. Do please contact them if you need help.

The Leadership Team

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1st November 2009



Speaking today is Rob Chambers

Activities

Little Acorns

At present, everyone is into a well deserved two week break to replenish their energies and take stock of what is needed for future Monday mornings.

We resume the front line again on November 9th, when Trisha will be working with them on doing a Poppy Plaque with them in the craft area, for Remembrance Day.

Also coming up on Monday, November 16th, some of the Mums, Dads and carers are getting together to have a kind of small table top Christmas Bizzar, in which those present can buy those little gifts and cards they need.

Isn't it good to see people building on friendships and relationships and interacting with their individual giftings when they come into God's House?

On that note, we still have room for expansion for anyone who would like to join the team. Speak to Tracy after the service.

WELCOME

A special welcome to our service this morning. We are quite informal, modern and start at 10.30, lasting approximately 1^{1/2} hours.

We pray you will be blessed as you worship and praise our great and mighty God. If you need prayer, please do ask.

Do stay for refreshments and chat afterwards.

Minutes of church meeting
October 21st 2009 are now
available from Rob Chambers

Coming up....

This Tuesday

Deacons' meeting at 7.30 pm.

Prayer meeting at 2 Albansfield, at 8 pm.

Wednesday

Home groups meet.

Deacon's election/Church meeting

November 25th Nominations are invited, forms are available from Christine, and must be returned to her by November 10th.

Please speak to a deacon after the service for her address.

Changing behaviours 22/10/2009—resourced from BMS Mission website

Mugu is the poorest district in one of the most deprived countries in south Asia. Set in the Himalayas of northern Nepal, people in Mugu have an average life expectancy



of just 44 years. According to Unicef, more than a quarter of young children in this district are acutely or severely malnourished.

It is in this context that BMS World Mission, through its partner, the United Mission to Nepal (UMN), is seeking to make a difference to the lives of those struggling to survive in Mugu. BMS worker Christine Preston writes on their website about UMN's focus on empowering women in Mugu and shares the story of Devi.

Traditional

Mugu is high in the mountains where life is very hard and where most families are only able to grow enough food for four months a year.

The soil is thin, the mountain sides very steep and the isolated communities are very traditional in their thinking and behaviour.

BMS supported partner worker Jeevan Karki spent two years there and with his team encouraged the UMN partners in the district to begin to think about what could be done to improve the status of women.

He was supported in this by the UMN health and gender staff.

Daughters

One encouraging story is how life has changed for Devi Parriyar. She married Harke Parriyar four years ago when she was 19 years old and now has two daughters.

After the birth of her elder daughter Fulmati Devi, her husband began to drink heavily and beat her on a regular basis because she gave birth to a daughter.

Harke had hoped for a son to help him work the land and care for him when he was old. Daughters go to join their in-laws' families when they marry so do not make a lasting contribution to their own family.

The following year Devi was again pregnant and her husband expected a son. The birth of a second daughter brought no joy to his heart and great trouble to Devi who was beaten more frequently.

Amazed

This year, a UMN partner in Mugu organised a domestic violence workshop for the people of Devi and Harke's village.

Harke attended and was amazed at what he learnt. He never knew that the father's sperm determines the sex of a child.

He realised that there was no reason to abuse Devi for having two daughters. He also learnt about violence and discrimination against women in society.

He regretted his behaviour towards Devi and promised to treat her better in the future.

Devi was amazed at the change in her husband's behaviour and thanked the UMN partner whose work had inspired abusive and ignorant people to behave gently.



Be led by the Spirit

"Those who are led by the Spirit of God are the sons of God" (Romans 8:14).

Have you ever done something you'd just set your heart on and yet you had something inside that was telling you to do something different, or it just didn't seem right somehow?

It's very easy to ignore that quiet inner voice, yet that is often how God speaks to you. It's how He leads you by His Spirit.

It can be an expensive lesson to learn too, as I found out by personal experience. Once, we owned two cars and quickly realising that we could not keep both and yet still wanting to pull a caravan, we sold one of the vehicles. We loved the Rover, but we wanted the MPV more because it would 'do' so much more for us.

Yet I chose to ignore that quiet voice deep down inside me that warned us of impending doom! That little thought of: *'Something's not right!'* First the exhaust failed, then we needed a tow bar to pull the caravan, soon after this the brakes failed. Paying out on repairs was becoming the norm.

Then, two weeks ago the engine overheated and everything went downhill quickly from there, until finally it totally seized and no longer functioned at all. The cost for repairs? Over £3,500, and the car isn't worth it!

"Why didn't I listen to my instincts?" I screamed at myself. Why us? Why me? What's going on? I thought this was a blessing from the Lord and it's turned out to be a curse! *Blar! Blar! Blar!*

Had I listened in the first place to what the Holy Spirit was warning me about, I would have also warned my

husband that we were about to make an unwise decision. But I didn't. We wanted that car and everything screamed at us to buy it!

The whole episode has taken its toll on me both physically, spiritually and mentally. I'd allowed the enemy to sit on my shoulder and whisper in my ear: *"Oh dear Trisha, what a mess you're in now! How are you going to cope?"*

Well the short of it is that the lesson's been learnt and repentance made, forgiveness followed. I prayed that Father would lead us to the right car. And after touring Norwich and villages for a replacement car, we finally found one. I confess, it is with trepidation that I am trusting this is truly from the Lord—it's a scary place to be right now.

I'm learning that when you follow the Spirit's leading by faith—even when everything points in a different direction — you are actually declaring that you are a child of the Most High God and the enemy hates it!

You will learn to hone that 'inner voice' and you will hear the master's voice at the midnight hour, showing which direction or steps to take.

God leads us by peace and joy. He never condemns but leads you into Truth if you take time to listen tune out the other voices, so that you can be led by His Spirit into the life the Lord has planned for you!

Heavenly Father, thank you for leading me by Your Spirit today. Thank You for filling me with Your joy and peace. Help me to clearly know Your voice so that I can follow You all the days of my life. In Jesus' Name, Amen.